

WILL THE RESIDENTS

VOL. VII, NO. 2

COCKEYSVILLE, MD.

NOVEMBER 1985

LIVING WILL

"Greater than the tread of mighty armies is an idea whose time has come" - an observation no less true today than when these words were first written by Victor Hugo in 1852. In fact it proved itself once again on May 28 when Governor Hughes signed into law HB 453, the Life-Sustaining Procedures Act, which made Maryland one of the 36 States (including the District of Columbia) that buttress the constitutional right of all mentally competent adults to forbid the unwanted use of life-support systems after the patient has been found to be terminally ill by two physicians.

The crucial role played by Broadmeaders has been attested to by the scores of letters sent by Legislators in acknowledgement of Residents' letters, phone calls and oral testimony during the Hearings in Annapolis. The response we prize most came from Delegate Paula Hollinger, one of the principal sponsors of the bill in which she said that, if ever she had another complex project to work on similar to the Living Wills, she hoped she'd have a group like the Broadmead Residents to work with. A tangible symbol of Broadmead's cooperation came from Governor Harry Hughes which was in the form of a citation, a ceremonial pen attractively mounted, which he used in the signing of the bill. It will hang in the Broadmead Residents Association Office.

This year, for the first time in the 11-year struggle to win the bill's passage, the Maryland Medical Society, the Maryland Bar

Association and the Maryland Catholic Conference managed to rise above their tenaciously held differences by focusing on "the best interests of the terminally ill patients, their doctors, and the institutions that serve them."

Another "first" was Broadmead's "Living Will" Committee's efforts to foster the coordination of the Maryland Chapter of the AARP, the Maryland Ass'n. of Retired Teachers, the Advocates for the Aging, and the Baltimore County Association of Senior Citizens Organizations (BCASCO). Together, these organizations contributed in a much more substantial way than any of them could have done individually. As a consequence, there was a steady flow of communications to virtually "everyone that mattered." One of the by-products of this endeavor was the decision that this loosely formed group would continue its joint efforts to make known to its thousands of constituents that a protective statute now exists and that copies of declarations and guidelines for their execution can be obtained from a number of cost-free sources. In addition, the group has succeeded in eliciting the active cooperation of the

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Division on Aging and the State Bar Association's Subcommittee on Legal Problems of the Elderly. The first project of the latter body has produced a draft document that will be available to the public throughout the State apprising them of the fact that a legally-backed document can now be obtained in a number of places in the State that can protect them if they wish it.

Johns Hopkins Hospital was among the first to issue detailed instructions to its physicians and legal staff on the substance of the new statute and how compliance with the new law may best be achieved. It is our understanding that other hospitals are doing the same.

A communication from Fairhaven disclosed that, under the leadership of a resident attorney together with other concerned residents, the new statute had been examined with meticulous care and an important shortcoming that did not yield to correction during the legislative process was discovered by the group. Although we had already found a satisfactory compensatory technique for dealing with the problem, we were delighted to find that they had arrived independently at the same conclusion. We have agreed to continue working together with Fairhaven on other "bugs" that will inevitably be found in such a major endeavor.

We have assisted - and they, in turn, have assisted us - journalists from the Baltimore Sun, the Wall Street Journal, the Senior Digest, and other publications, providing them with current interpretive materials for their stories. Many of these were picked up by Legislators and used to clarify or explain their own positions. In response to Broadmead staff requests, we made a video-tape with Bea Rob-

bins and Eric Thompson. Committee members have assisted Broadmead Residents, especially the new arrivals among them, with queries and concerns about Living Wills. And we are completing the process of helping Residents to bring their Living Wills into conformity with the new statute wherever that happens to be necessary.

Because it is so often forgotten, it seems important to reiterate a few things: No one may be persuaded to execute a Living Will Declaration against his will; A Declaration is inoperative until and unless a person is diagnosed as being terminally ill by two physicians; doctors are now fully protected legally against malpractice suits honoring validly-executed Living Will Declarations provided that they either comply with the Declaration or make a good faith effort to transfer the patient to another physician; "The Declaration may include provisions on this or other subjects that are not inconsistent with other provisions of this (statute)."

All new Residents who wish it but do not have a Living Will Declaration may obtain one from their Cluster Representatives or from the undersigned. Other members of the current Life-Sustaining Procedures Committee are:

Ruth Bristol, Gabriele Bruck, Katherine Dost, Dorothy Graham, Louis Hamburger, Orpah Haymond, Anne Niles, Harry Patton, Nancy Rowe, Margaret Slusser, Kit Taylor, Emma Thomas and, Ex-Officio, Dr. Robert Chenowith and Winifred Kinn.

Mildred Beck, Chair

NEW PATHS

"To err from the right path is common to mankind." (Anti-gone-Sophocles)

You have noticed by this time that Administration has been making great efforts to keep our feet from straying in front of moving vehicles. A rail fence and accompanying blacktop walk now parallel the road above the main parking lot. Falling down the bank is now prohibited.

In addition, a pathway for pedestrians and Amigos has been marked out at the northeast corner of the Center, the sidewalk has been extended, and a ramp provided for wheelchairs and Amigos. These will provide added safety for pedestrians, Amigos, and automobile drivers.

MD., My MD.

MD is short for Maryland,

A mountain land, a

dairy land,

A land where gourmets

romp and roister

From shad to crab, from

crab to oyster.

A land where sportsmen

daily seek

Their pleasure on the

Chesapeake,

Or in the pounding of the surf,

Or thoroughbred hoofs upon the turf.

Author unknown - Submitted by

Clare Hardy

TRIVIA

Today's world is so full of baffling, complex questions that many people have resorted to concerning themselves with the simpler queries that have straightforward answers. A national recreation has resulted from this pursuit. So try your hand at some not-so-trivial trivia related to Broadmead:

1. Where is the Broadmead bomb shelter located?
2. How many former Trustees now live at Broadmead?
3. What is the name of our food service?
4. Where is your nearest fire alarm box?
5. How many sets of siblings now reside at Broadmead?
6. Where was the first diningroom for residents located?
7. Which cluster has the largest number of apartments?
8. What two animals are Broadmead's mascots?
9. How many full time food service employees do we have at Broadmead?

VOICE ON TAPE

The Voice is currently available on tape recordings each month. Distribution is handled by Stan Tepper, H-215

Answers to Broadmead TRIVIA quiz:

1. In the basement of Holly House
2. Five
3. Service Systems (Marriott)
4. If you don't know, check now!
5. 14 (including one set of 3)
6. In the present Training Room
7. Cluster "C"
8. Cat and Bird
9. Twenty four employed by Broadmead.

DEADLINE FOR NEXT ISSUE 11/14/85

THANKSGIVING



Who wouldn't look harrassed? Several hundred Residents and guests all expecting the best of dinners and services. A day when even the usual best is expected to be exceeded. This portrait is not of Doug Bareis but is a composite of all his staff facing a major problem. How can everything be done to just the right degree and at just the right time? Salads must be crisp and green; the turkey browned just so and the vegetables done to perfection so that the number of those who say, "cooked too much" will balance those who say, "under-cooked." Definitely not an easy task even for the skilled.

Just consider ten 25-lb. turkeys to be roasted. Ten turkeys to be carved and sliced which alone seems an impossible task. Then there are the 50 pounds of stuffing in addition to twenty pounds of potatoes to be cooked and mashed.

The Voice does not wish to make your mouth water at this early date so the rest of the menu will be kept secret. Just be sure that Food Service knows whether to expect you and whether you will have guests.

You Can Help

If you can read this, you can help someone who can't.

On November 6th at 2:30 P.M. in Hallowell West Lounge, Helen Howlett will read from current catalogs of books available on cassette and records.

Users of the "Talking Books" will thus be able better to select their "Reading." Those who order the Talking Books must write catalog numbers on order blanks. Your help in doing this will be most welcome.

THE TOLLHOUSE

1776 is an historic date but it is not the date of the little building across the road from our entrance. That edifice represents a bit of past history in Baltimore County but the records place it as having been built in 1809 and in 1810 the gatekeeper added a kitchen at the cost of \$17.06. The land on which the gatehouse was built belonged to a Joseph Thornburg who closed a road through his land (which evaded the tollgate) and leased the lot for the tollhouse at the rate of one cent a year for 1000 years. One of the terms of the lease was that the gatekeeper could not sell liquor.

The tollgate was moved south to Ashland Road about 1882 so that collections could be made from travelers on the York Road, Thornton Mill Road, Shawan Road and Ashland Road.

The Baltimore and York Turnpike ran from Baltimore City north to the Pennsylvania Line along Greenmount Avenue and what is now the York Road. The company operating the Turnpike was incorporated in 1805 but did not begin the sale of the \$100,000 worth of stock for which they were incorporated until May 1807. Of course, the York Road existed much before the improvements were made by the turnpike company. Improvements to the old road consisted of putting down layers of smaller stones and lastly a layer of gravel. The road surface was higher in the middle (cambered) than at the edges. Some gatekeepers were paid to maintain the roadbed but repairs seem generally to have been made only after considerable complaints by users of the road.

There were no "Exact Change Only" receptacles and there were a large number of rates depending

on the vehicle or what was passing through. The width of the wheels made a difference in the charge as a cart with wide wheels cost less than one with narrower wheels. This was apparently because wide wheels made less of a rut and also compacted the road surface. Some sample rates were:

For every score of hogs $1\frac{1}{2}$ cents per mile

For every carriage with two horses and four wheels $2\frac{1}{2}$ cents per mile

For every cart with wheels four inches or less $1\frac{1}{2}$ cents per mile

For every cart with wheels exceeding four inches $5/8$ cents per mile

That portion of the Turnpike (28.2) miles from Baltimore to the Pennsylvania Line was sold to the State Roads Commission for \$1000 and no more tolls were collected.

Although we know our gatekeeper had a kitchen there is no record of his being famous for cookies.

Based on: "Difficulties Made Easy" by William Hollifield, 1978



Early settlers of this area came from the north - Pennsylvania, Delaware and New York and from Virginia to the south. The Pennsylvanians included many Quakers with names such as Price, Matthews, Merryman and Gorsuch.

TRIBUTE

A PERSONAL TRIBUTE

The Masthead of a newspaper, magazine or house organ is usually not considered as exciting reading except perhaps for doting relatives of those listed. Yet listed there are those who really do the work - those who see that the publication reaches the hands of its intended audience.

My association, as Editor of the Voice with Adda and Margaret, has been brief but rewarding. Like elder statesmen they lent a kindly hand to the third generation Editor of the Voice and put up with his bumbling and fumbling while getting started. I wish to extend sincere appreciation for their help and assistance in starting Vol. VII.

That I am not alone in my feelings, appended here are tributes from my predecessors.

Leopold Bridge

Immediately behind the founding staff of the Voice of the Residents must come Adda Gilbert and Margaret Barall, those two sisters who, for nearly four years, have done all the typography (typing) that has made the official organ of the Residents Association possible.

I, personally, shall always be grateful to them for the way in which they answered my call when they were already overloaded with chores; nor will I ever forget how easy it was to work with them, how whole-heartedly they threw themselves into the month-in and month-out tasks, and how contributing they were.

Now that they are about to retire from the Voice's staff, I can think of only a few who deserve a vacation as much as they do.

G. James Fleming

Margaret Barall and Adda Gilbert - just two names to the neophyte Voice editor and relative newcomer to Broadmead in the Fall of 1982. I knew from Jim Fleming that Margaret took major responsibility for typing Voice copy, her sister, Adda, assisting her. I certainly did not know how closely we would work together and the many ways in which they would become indispensable.

They took me on - no questions asked - undaunted by my ignorance. They reassured, oriented, encouraged, supported, corrected, retyped and participated with Helen Mary Overstreet in a "runner" service between our two apartments, at odd hours of the day, regardless of wind, snow or rain.

Margaret and Adda - the two names soon took on for me the dimensions conferred by the congenial, fond association that occurs when we work closely and in harmony on a task we all care about.

Margaret and Adda - Thank you!
Thank you!

Draza Kline

In Memoriam

ELEANOR D. CORNER

June 10, 1891 October 1, 1985

ROSE F. DARGAN

Feb. 12, 1903 October 4, 1985

JOHN H. POCOCK

Feb. 1, 1897 October 18, 1985

FIREPLACE AD

The time is coming! Soon there will be cold days and nights with early darkness. When the Center was built, fireplaces were included in both the upper and lower lounges. Sad to say, they have not been used and enjoyed as they could and should be. Maintenance has laid in a supply of wood and kindling so that all that is needed is a Resident's match. Glass fire-places adorn the lounge fire-place so that anyone afraid of fire can close the doors and leave even a lively blaze safely. If you would enjoy a brisk fire on a chill evening, come in to the lounge and toast yourself.

Some of the delights of a wood fire in an open fireplace are expressed in the following quote from Edwin Way Teale. Come see if you do not agree.

"The appeal of an open fire-place is deep-seated. It has its roots in four of our five senses: sight, hearing, feeling, smelling. We hear the snapping and crackling of burning logs. We smell the perfume of the various woods as they are consumed. We feel the warmth of the dancing flames and glowing coals. Endlessly these elements are combined and recombined. No two fireplace fires are ever the same. Each represents a different pattern of flames, a different sequence of sounds, a different play of colors."

1b

PETTY THIEVERY ?

The cash box by the duplicating machine in the Residents Association Office was robbed last month. The amount taken will not seriously affect the financial stability of the Association.

However, any reports of theft are disturbing. Did someone break

A Goal For BRAF

BRAF - Broadmead Residents Assistance Fund - is growing:

\$101,500 total amount as of Dec. 31/84

\$19,995 received during the first 9 months of this year in the following amounts:

<u>Dollar Amts.</u>	<u>Number of Contributions</u>	<u>BRAF</u>
\$3,000	1	\$3,000
2,000	1	2,000
1,000	7	7,000
500	5	2,500
100	14	1,400
75	1	75
50	18	900
35	2	70
30	1	30
25 & under	160	3,020
	210	\$19,995

Our goal for this year is \$25,000. With 3 months remaining, this should be achieved.

Note that the small contributions for various occasions also mount up to respectable figures. Memorials are a most effective way of remembering lost friends and befriending others.

Contributions may be delivered to the Administration Office or addressed to BRAF, c/o Broadmead Administration, 13801 York Road, Cockeysville, Md. 21030. Checks should be made out to Broadmead, marked for BRAF.

George Conner
Chairman of BRAF Development Fund Committee

into the office for such a small sum or did someone forget to see that the door was locked when leaving and thus provide too much temptation?

BOOK REVIEW

"Bits and Pieces of Simple Thoughts and Verse", a recent gift to Broadmead's Library, is the work of one of our own Residents, G. Clyde Andrews. The material was written over a long period of years and has now been issued in an attractive bit of book-making. In a delightful preface, the author's son, Robert Hugh Andrew, pays tribute to his father and tells of his father's strong belief in the magic of the written word to teach and to communicate.

Some of the themes are reminiscent of boyhood, many reveal a kindly humor, others confirm homely wisdom. The colorful imagery of this slim, well-named book of verse offers a pleasant hour of light reading and will recall nostalgic memories to the reader.

This is a sample from "Reflections"

On bright, sunny days

The shade from trees

Paints the grass a darker green

And, with every shift of wind

The beauty of changing patterns

Is sketched upon the lawn.

(Reviewed by Mary Smith)

ALONG THE NATURE TRAIL

Within the framework of the seasons, the Nature Trail is host to the residents of Broadmead and their guests. For many, the woodland paths have brought much joy and relaxation.

Hopefully, many have enjoyed glimpses along the path through

Leo Bridge's photographs displayed in a frame across from the mail boxes, showing through the seasons factual views along the way of ferns, wildflowers, the woodlands and the summer house.

Fall planting is now complete. Additional rhododendrons have been planted as memorials. Periwinkle (otherwise known as Vinca) has been planted on each side of the entrance. And, near at hand, we can look for the white bloom in the spring of the newly planted Cimicifuga, a gift of one of the residents. In order to better guide you, new markers have been placed, designating the Ridge Trail; these are in addition to the Summer House Path and the Dogwood Path markers.

Horace Greeley once said, "I charge you to spare, preserve and cherish some portion of your forests." We feel here at Broadmead we have spared our woodlands and brought together along the Nature Trail the work of nature and the work of man.

Margaret M. Willis

HEALTH CARE

Hurricane Gloria is safely behind us but there are some effects that should not be forgotten. We had a night of high winds and heavy rainfall. Radio and TV warnings and comments were available on the night of September 26/27. The staff on Hallowell Hall was below standard numbers because of the weather but patient needs remained constant - or perhaps even increased because of the anxieties of the bed-ridden.

One staff person had to be detailed just to answer the telephone for questions totally unrelated to patient or Cluster health - inquiries about insurance coverage, the level of water in Western Run, the state of the silt pond and other extraneous inquiries.

Program Notes

The Lesters are returning to Broadmead for another of their delightful concerts.

Margaret Bouchelle, who traveled extensively before coming to Broadmead, will show slides of her visit to Greece and Yugoslavia. Her husband will be the projectionist.

Dr. Thomas Marshall, Emeritus Professor of English and American Literature at Kent State University, will discuss Edgar Allan Poe in his talk, "Poe and Baltimore."

Richard L. Goodbar has been teaching an adult course in antiques at Goucher College with an emphasis on silver and furniture. He will speak on "Robert Adams and the Eighteenth Century."

Gloria Hunt, who will give a piano recital here, is the organist at Ashland Presbyterian Church.

The Semi-Quavers Choral Group consists of 16 girls from Roland Park Country School. They will give a program here.

SUNDAY, DECEMBER 1 - 2:15 - Semi-Quavers, Choral Group from the Roland Park Country School - in the Lounge

Programs

(In the Auditorium unless otherwise noted)

SUNDAY, NOVEMBER 3 - 2:15: Noel Lester, pianist, and Roseanne Markow, violinist.

TUESDAY, NOVEMBER 5 - 9:30 am - Discussion Group - "Immigration and the American Policy?" by Raymond B. Penn, District Director, Immigration and Naturalization Services in Balt.

THURSDAY, NOVEMBER 7 - 7 am to 4 pm - BARN SALE - Lower Level.

FRIDAY, NOVEMBER 8 - 9 am to 1 pm - BARN SALE - Lower Level

SATURDAY, NOVEMBER 9 - 7:15 - Slides of Greece and Yugoslavia presented by Margaret and Robert Bouchelle.

MONDAY, NOVEMBER 11 - 10:30 am - Fire-side Chat

MONDAY, NOVEMBER 11 - 7:15 - "Poe and Baltimore" - Talk by Dr. Thomas Marshall.

WEDNESDAY, NOVEMBER 13 - 10:30 am - Sew-and-So Group: "Now and Then" by Kenneth Walker - in the Sewing Room

SATURDAY, NOVEMBER 16 - 7:15 - "Robert Adams and the 18th Century" - talk by Richard Goodbar

MONDAY, NOVEMBER 18 - 7:00 - Trustees' Welcome Coffee for new Residents - in the Lounge

SUNDAY, NOVEMBER 24 - 2:15 - Piano

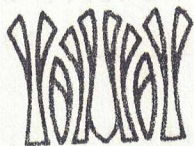
Concert by Gloria Hunt - in the Lounge

WEDNESDAY, NOVEMBER 27 - 10:30 am - Sew-and-So Group: "My Life Before Broadmead" by Margaret Trueblood - in the Sewing

"RESIDENTS HONORED"

Dr. Harry F. Dowling was awarded the Maxwell Finland Award by the Infectious Disease Society at its meeting in Minneapolis. This award was given for research accomplishments and leadership in the work on infectious diseases. Dr. Dowling had worked in this field since 1932 involving various serums for pneumonia, sulfa drugs and antibiotics. He has worked on the common cold and was the first to show that some immunity can be produced but not permanently. Much yet remains to be done because so many viruses are involved which also seem subject to change.

Dr. Dowling's lecture to the Society was videotaped here at Broadmead and shown at the meeting he was unable to attend. It was also shown in the Auditorium on October 26th.



When a Bill is passed by the Legislature and signed by the Governor there is a special ceremony if the Bill is an important one.

The "Living Will" was enacted at the last session of the Legislature and when it was signed by Governor Hughes the pen that was used was tied in a black and gold ribbon, mounted on a plaque and presented to Mildred Beck.

So now there is a Living Testimony to her heroic efforts to get the Bill passed.

1b

PLANT LOVERS

The Greenhouse is available for some of your plants through the winter. However, you must be sure that they are free of insects or disease, have your name on them, and be responsible for watering them through the winter.

There is limited room for hanging baskets but they can be placed on the wooden table. Remember, too, there is little shade up there.

Should you be going away for an extended time I will water them for you if you call me.

Gene Kerr

VOICE OF THE RESIDENTS

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